



PORT ALFRED HIGH SCHOOL

SPORT, CULTURE & ENRICHMENT

GRADE 4 – 12



ACTIVITY TIMETABLE 4th TERM OCT/NOV 2024

Sport	Age Group/ Team	Coach/ Facilitator	Day	Time	Member in Charge
Swimming	Beginner Girls	Mrs Samuels / Mrs Dry	M/TH	14h00 – 15h00	Mr Hofmeyr
	C-league Girls	Mrs Kingon / Mrs Tuytyu	M/W	15h00 – 16h00	
	Beginner Boys	Ms Hambridge / Ms Duxbury	T/TH	14h00 – 15h00	
	C-league Boys	Mr Hofmeyr / Mr Makoni	T/TH	15h00 – 16h00	
	Team Swimming (A & B league)	Mr Hofmeyr / Mrs Tweedie	M/T/TH	16h00 – 17h30	
Cricket	U9	Mr Philpott	M/W	14h00 – 15h00	Mr Gosh
	U11	Mr Moolman	M/W	14h00 – 15h00	
	U13	Mr Brookes	M/W	15h00 – 16h00	
	U15	Mr Herrington	T/TH	14h00 – 15h00	
	1 st team	Mr Gosh	T/TH	15h00 – 16h30	
	Snr Girls	Ms Adams / Coach Soso	M/W	15h00 – 16h00	
Tennis	U11 Girls	Miss Matika	M/W	14h00 – 15h00	Mr Murray
	U13 Girls	Mrs Marais	M/W	14h00 – 15h00	
	U11 Boys	Ms Makwindi	T/TH	14h00 – 15h00	
	U13 Boys (Town)	Ms Parkinson	T/TH	14h00 – 15h00	
	Snr Tennis Boys	Mr Murray	T/TH	15h00 - 16h00	
	Snr Tennis Girls	Ms Avis	M/W	15h00 – 16h00	
	Girls & Boys Social	Mrs Riddin	M/TH	15h00 – 16h00	
Jnr Athletics	Jnr Athletics	Mrs Adcock / Mr Dlepu / Mrs Botha / Mr Chiware	T/TH	15h00 – 16h00	Mr Dlepu
Snr Athletics	Snr Athletics	Mrs Roberts / Mrs Zimmerman / Mr Naude	M/W	15h00 – 16h00	Mrs Roberts
Archery	Jnr & Snr	Mr Tweedie	WED	14h00 – 15h00	Mrs Tweedie
Table Tennis	Jnr Snr	Mr Adams Mr Chiwara	M Th	14h00 – 15h00	Mr Adams
Maths Clinic	FET	Mrs L'ange	M/T/TH	14h00 – 15h30	Mrs L'ange
Debating	Jnr & Snr Team	Mrs Atteridge	M/W	14h00 – 15h00	Mrs Atteridge
Chess	Jnr Team & Snr Team	Mr Singh	T/TH	14h00 – 15h00	Mrs Singh
First Aid	FET	Mr Herrington	Continuous	Matches	Mr Herrington
Interact	FET	Mrs R Crawford	T/F	13h35 – 14h45	Mrs Tweedie
UCSA	FET	Mrs Tyutyu	M/W	Break Time	Mrs Tyutyu